

City of Loviisa Daycare Menu

weeks 33, 38, 43, 48, 1, 6, 11, 16, 21

Mon. Ham sauce, pasta

Tue. Chicken nuggets, rice, curry mayonnaise

Wed. Fish soup, bread, cheese

Thur. Penne pasta casserole

Fri. Vegetable sticks, mashed potatoes

weeks 34, 39, 44, 49, 2, 7, 12, 17, 22

Mon. Chicken sauce, rice

Tue. Fish escalope with lemon, potatoes,
cold sauce

Wed. Root vegetable soup / spinach soup, rice pie

Thur. Salmon pasta

Fri. Baked sausage, mashed potatoes

weeks 35, 40, 45, 50, 3, 8, 13, 18

Mon. Bolognese, pasta

Tue. Meat balls, mashed potatoes

Wed. Minced meat soup, bread, cheese

Thur. Chicken and pasta casserole

Fri. Fish patties, potatoes, cold sauce

weeks 36, 41, 46, 51, 4, 9, 14, 19

Mon. Minced meat sauce, pasta

Tue. Carrot patties, mashed potatoes, cold sauce

Wed. Chicken and tomato soup, bread, cheese

Thur. Macaroni casserole

Fri. Sailor's cod, potatoes, cold sauce

valid for weeks 33–22

Snack

Blueberry pastry, fruit

Heart rolls, cold cut, carrot sticks

Carrot pancakes, jam, melon

Pear smoothie, crispbread, cucumber

A slice of pizza, grapes

Multigrain flat bread, cheese, tomatoes

Small meat pasties, banana

Baked pancake with quark, jam, fruit

Peach smoothie, crispbread, cucumber

Blueberry oat snack, bread, fruit

Oat bread, cold cut, cucumber

Graham meat pasties, banana

Pancakes, jam, apple

Blueberry smoothie, crispbread, cucumber

A slice of pizza, melon

Rice pie, fruit

Potato flat bread, cheese, cucumber

Lingonberry *vispipuuro* (whipped porridge),
bread, apple

Banana smoothie, crispbread, cucumber

Soft quark and kissel, fruit

weeks 37, 42, 47, 52, 5, 10, 15, 20

Mon. Lentil soup, bread, cheese

Baked pancake, jam, carrot sticks

Tue. Fish balls, potatoes, cold sauce

Carrot graham pie, grapes

Wed. Chicken noodle casserole

Fruit salad, bread, cheese

Thur. Spinach and cottage cheese balls, mashed potatoes

Mango smoothie, crispbread, cucumber

Fri. Minced meat sticks, mashed potatoes

Rice crispies, banana

Offered everyday: crispbread, edible fat, milk/milk beverage/oat milk/buttermilk

Salad is served with an oil-based dressing.

Beverage for snack time is milk/milk beverage.

Changes are possible.

